

Hebridean Challenge Entry Form – 4-9th July 2010

This form is to be completed by all individuals regardless of whether you are in Team, HTC-Trio or Pair. Ideally, we would still like to receive all your team members forms together in one envelope, but realize this may not be practical. Please be sure to indicate your 'team' name and team mates clearly. This is a two page A4 document please print and return to Stef as detailed on the bottom of page two.

1) Tell us about yourself		Name>			
Address:			Email>		
			Phone >		
			Postcode >		Age >
2) Have you competed in The Heb before? If so, in which years?					
3) Are you a Team of Five, HTC-Trio or Pair? >					
4)	What is your team Name: <i>Choose a unique team name, making sure your team mates use the same one!</i>				
5)	Please list your other team mates:				
A	B?	C?	D?		
Please summarise your personal hill running, cycling and general race experience, together with journeys or expeditions in wild and remote terrain:					
Do you intend to swim as part of your 'team'? If so, please list open water swimming experience;					

Sea Kayaking - are you the Sea Kayaker in your team? >	Yes / No ?
<p>Sea Kayakers must provide proof of qualification. Please send a photocopy of your certificate along with this Entry Form. Please state the boat make, type and length that you will be using for the race: ></p> <p>Please also detail your experience here:></p>	
<p>Additional information – any other relevant information you wish to tell us?</p>	
<p>A deposit of £150 is required to secure your entry. This is strictly non-returnable unless the race is cancelled by the organisers, in which case all money will be returned in full. The full fee is £350, with the balance of £200 due by 10th March. You may pay the full fee now if you wish!</p>	Total =
<p>Payment is requested by cheque with a hard copy of this signed entry form. Cheques are to be made payable to 'Hebridean Challenge'. Alternatively payment by Bank Transfer may be possible but please e-mail the organiser first (stephanie@hebrideanchallenge.com) or phone 01851 860281 to discuss</p>	
<p>Entry Declaration</p> <p>Please enter myself and my team for The Hebridean Challenge 2010. I confirm that I understand the nature of the event and have the experience to participate in a safe and responsible manner. I will not hold the organizers responsible for any loss or injury. I will endeavour to abide by the rules of the event and have a jolly good time in doing so.</p> <p>Signed: _____ Dated _____</p>	
<p>Please post this Entry Form to: Stephanie Sargent, The Treehouse, 3 Leurbost, North Lochs, Isle of Lewis, HS2 9NX. Please make the race administration as easy as possible by sending all your entries at the same time. We look forward to meeting you next July and having a great adventure. Thank You - Stef and The Heb Team.</p>	